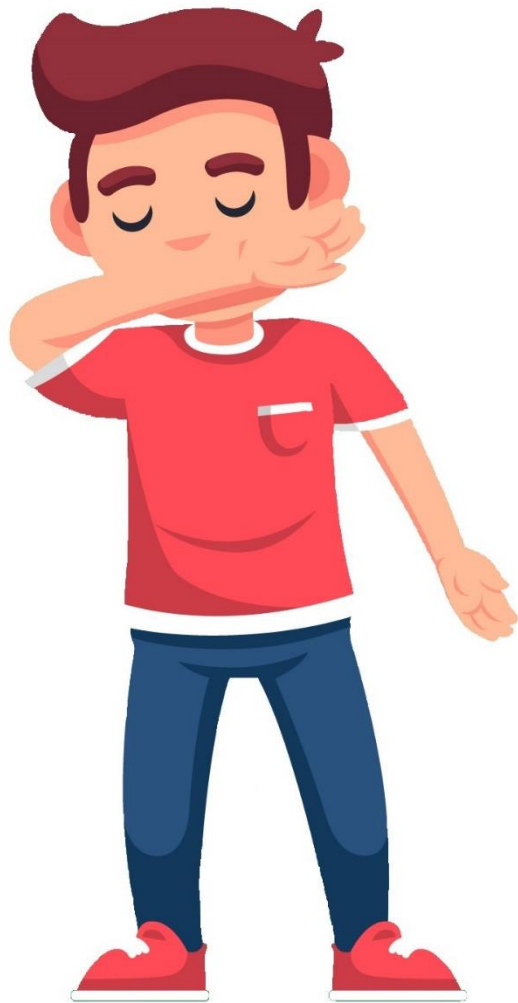


I will try and sneeze or cough into my elbow instead



Usually, people sneeze or cough into a tissue.

Sometimes, people do not have a tissue when they sneeze or cough.

If people do not have a tissue, people usually sneeze or cough into their elbow instead.

I can ask someone to show me how to sneeze or cough into my elbow instead.

I will try to sneeze or cough into my elbow instead.