

newstruan school

Included, confident learners in the community

WEEKLY LUNCH MENU – Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Cream of Chicken Soup.		Tomato and Red Peppers soup.		Carrot & Coriander soup.
MAIN OPTIONS	Cheesy tomato Pasta with vegetables and Garlic bread. ***** Roasted Vegetable Pastry.	Grilled Haggis, mash Potatoes and Turnip. ***** Tomato and spicy bean Pasta.	Roast Turkey with Gravy, Roast Potatoes and sprouts. ***** Cauliflower cheese.	Smoked Haddock and spring onion Fish Cakes chunky chips and peas. ***** Vegetable Stir fry with sweet chilli sauce.	Chicken Nuggets, smiley Faces and Beans. ***** French Toast.
DESSERTS		Fresh Fruit Pavlova. ***** Fresh Fruit.		Fresh scones with Jam & Cream. ***** Fresh Fruit.	
SALAD BAR	Egg Mayonnaise.	Cheese and Onion Quiche.	Tuna Pasta.	Greek Salad.	Cooked Meat Platter.

Salad Bar includes lettuce, peppers, tomatoes, carrot sticks, celery, cucumber, Spring Onion, Red Onions, radish, Beetroot, Pickled Onions and Coleslaw.

w/c Monday:

21st Aug, 11th Sept, 2nd Oct, 6th Nov, 27th Nov, 18th Dec,

22nd Jan, 19th Feb, 12th March,