

VOLUNTEERS NEEDED

FOR AN ONLINE SURVEY ON CHILDREN'S MENTAL HEALTH AND SCHOOL TRANSITION

ABOUT THE STUDY

The transition to secondary school can be stressful and may play a role in mental well-being.

Aim: to follow autistic and non-autistic children during their move to secondary school to evaluate what influences their mental well-being before and after the transition to secondary school.

Outcome: a better understanding of the transition to secondary school and well-being.



WHAT WILL HAPPEN

Your child is invited to take part in an online survey where they will be asked questions about their well-being and factors affecting their well-being. The survey will be completed before and after the move to secondary school.

TO TAKE PART YOUR CHILD SHOULD

- Be **autistic** or **non-autistic**
- Be living in the UK
- Be starting secondary school in August 2021
- Have access to the internet
- Be able to complete the questions alone (although help with clarifying questions is okay)

THE SURVEY WILL

- Last up to 20 minutes
- Be in two parts (Part 1 in Spring 2021 and Part 2 in Autumn 2021)
- Have questions on mental health, relationships with peers and teachers, feelings about being social and uncertain situations
- Be confidential

ABOUT US

- My name is Lorna, and I'm researching the transition to secondary school and how to help
- Our websites are: <https://simhw.hw.ac.uk/> and <https://www.devpsychologyaction.uk/>
- Supervised by Dr Mary Stewart and Prof Thusha Rajendran

WHAT TO DO NEXT

- Email me with any questions: **LC97@HW.AC.UK**
- To take part, follow this link: bit.ly/hs-transition-survey

